



Andre du Preez – Professional Hunter / Land Owner
Mopane, Musina, Limpopo Province – Republic of South Africa
Postal Address: P.O Box 1827 Musina 0900
E-Mail: andre.volharding@gmail.com
Mobile: +27(0) 82 375 2822
Farm Number: +27(0) 73 795 3331
Website: www.volharding.co.za

General Recommended List Required for A South African Hunt

- Physical fitness Recommended
- Medical Requirements
 - Malaria prophylaxis ... Consult your Medical Doctor or Pharmacist (Malanil latest drug)
 - Anti-Allergy Tablets ... Anti-histamin or Cortizone Combinations
 - Anti-Allergy Eye Drops ... Anti-histamin or Cortizone Combinations
 - Small Packet of Assorted Plasters
 - Small Tube of Antiseptic Ointment
 - “Vaseline” or any anti-Chaffing Cream
 - Anti-Inflammatory Tablets or Muscle Relaxant Tablets
 - General Pain Tablets
 - Own Medication
- Sun Protection Cream with High ‘SPF’, Not Perfumed
- After Sun Skin Moisturising Cream
- Lip Protection Cream with High ‘SPF’, Colourless, Not Perfumed
- Light, Easy wearing, Polarized Sunglasses with Neck Strap
- Insect Repellent (Mosquito, etc.)
- Well Worn Leather Hunting Boots with Good Protection & Medium - Soft Sole. Leggings Optional
- Khaki / Green Socks (Cotton)
- Cammo Trousers, Loose Fit (Cotton)
- Cammo Shirts, Long Sleeve in Winter & Short Sleeved in Summer Time
- Cammo Pull-Over (wool)
- Cammo Jacket
- Thin Tight Fit Gloves of (Leather / Cotton)
- Light Weight Binoculars / RangeFinder
- Leather Belt with Ammunition Pouch
- Remember to Fit a Rifle Sling to Your Hunting Rifle
- Good Quality Fixed Blade or Folder Knife
- Lightweight Cammo & Green & Khaki Hat or Cap
- “Peltor” or Similar Sound Protector (Ear muffs) ...Optional

- Cleaning Kit for Rifle & Gun Oil
- Lightweight LED Torch
- Insurance – Medical & - Luggage – Hunting Rifle